

3

Steps

2

Minutes

1

Life Changed
Forever

NEBRASKA TOBACCO QUITLINE

Referral Program

The time you invest helping patients quit tobacco could add years to their lives.

The Nebraska Tobacco Quitline offers a referral program to assist you in supporting tobacco cessation (including quitting e-cigarettes) among your patients. It's easy to get started.

ASK patients about their tobacco use status.

ADVISE patients to quit. Build their interest in the free and confidential Quitline counseling and other resources. Services are available to Nebraska residents regardless of insurance.

REFER patients to the Quitline.

Three ways to refer patients:

- **Fax Referral Form**
 - ▶ With the patient, complete and fax the form to the Quitline at 1-800-261-6259.
 - ▶ Download the form at: [QuitNow.ne.gov/providers](https://quitnow.ne.gov/providers)
- **Provider Web Referral Form**
 - ▶ With the patient, complete and submit the online form to the Quitline.
 - ▶ Access the online form at: [QuitNow.ne.gov/providers](https://quitnow.ne.gov/providers)
- **Live Referral**
 - ▶ With the patient in the room, make a referral on the phone and then have the patient complete the enrollment.
 - ▶ Call 1-800-QUIT-NOW (1-800-784-8669).

A Quitline coach will call or text the patient within 24 hours to connect them with a quit coach. If the patient missed a call or prefers not to wait, they can call 1-800-QUIT-NOW.

Discuss and prescribe medication to help the patient quit smoking if appropriate.

Following Patient's Progress

The Quitline will send reports to your office to put in the patient's file. Reports will let you know whether or not the patient was reached, enrolled in services, planned to quit, and received free medication to help them quit.

[QuitNow.ne.gov/providers](https://quitnow.ne.gov/providers)

1-800-QUIT-NOW (784-8669) | 1-855-DÉJELO-YA (335-3569)

[Quitline services are available 24/7 in more than 200 languages.]

NEBRASKA
TOBACCO
QUITLINE

What does the Quitline offer for patients?

Quitline Services Available 24/7

- Enrollment available by phone or online.
- Coaching available by phone or online.
- Phone services available in English or Spanish.
- Free for Nebraskans, regardless of insurance coverage.
- If the patient is under the age of 19, parental/guardian consent is required.
 - ▶ If the patient is 18 years of age and is or has been married, parental consent is not required.

How to access another language:

- Request as part of the patient referral.
- Phone services available in English or Spanish 24/7.
- For other languages, a third-party interpreter is brought on the call through the Language Line.
 - ▶ Participants may request a different language when calling.
- Participants may have someone help them communicate the request and then finish the call on their own once the request has been communicated.

Free medication to help Nebraskans quit**

- Nicotine replacement therapy (patch, gum, or lozenge) mailed directly to the participant.
- Must be 18 years or older and complete one coaching session.
- Coaches will screen for medical eligibility.
- Talk to a quit coach for more information.

Not ready to be referred today?

Let your patient know the Quitline is available anytime. They can call or enroll online.

Continuing Education Courses:

- Online healthcare training offers up to 1.5 hours of CMEs, CNEs, GPEs, or a Certificate of Completion. Education credits may be submitted for CDEs.

**Closed Thanksgiving and Christmas, with shortened hours on some holidays.*

***Availability of free medication subject to change.*



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